



South Beach Calm, acrylic on arches paper, 11" x 6 1/2"

Brenda J. Clark

## The Result of Calmness.

This gentle painting, "South Beach Calm" is acrylic on arches paper, 11" x 6 1/2" in size. It was painted mid-May of this year. The size, palette and strokes reflect the feel of the morning I painted it... not far from the entryway of local beach on Lake Michigan called Van's Beach in Leland, Michigan. I frequent our local beaches in Leland. Being from Missouri, I will forever be in awe of such big blue water. I frequent the beaches even more with our new Golden Retriever, Wonder. She has added "the great morning element" to those beach visits. Early morning walks offer so much! No one around. Just seeing and moving along. A calmness I desire. On this day, the air was warming up, the water and sand were still, and Whaleback (a landmark shaped like a whale) was starting to bud with greens. The humble little fence made me feel at home... It had been there all winter long protecting the beach from erosion, and it was still hanging around. A perfect calmness... moved me to do what I do... paint. Needless to say, before my shower, breakfast and other, I went back down and painted the view. I love where we live. I love to capture the feel of this landscape. Wonder, thank you for getting me down to the beach to see what might come about on a very calm day. The result of calmness is what you make of the elements.

